Kirkandrews- on- Eden WI August meeting.

President Margaret McKenna welcomed members to our August meeting. After a short business meeting when items from the County News were read Margaret then introduced Joanna and Janine.

The subject for the evening was “No Hands” and members had been intrigued by the title and wondered what to expect. Joanna explained that this was a new type of massage while soothing, relaxing music was played and Janine, with almost balletic grace, demonstrated on the first volunteer.

When pains in both his wrists threatened Gerry Pyves work he developed “No Hands” massage which is often called “The gentle Giant of Massage” This is a clothed treatment using the most gentle and deepest touch and can be done with the client lying on a massage table or seated in a massage chair. Joanna explained that Janine used her forearms in a slow, gentle and smooth manner to relax her volunteer in a way that was beautiful to watch. Joanna answered questions about the training needed for this work and said that “No Hands” massage was now worldwide and the practice was growing all the time.

Margaret Parkinson thanked Joanna and Janine for an interesting and amazing evening which was most unexpected.

 The competition for a bracelet was won by Pat Dixon with Rhoda Melvin second and the drawing by Mary Shirvington.

The next meeting is on Friday 8th September in Beaumont Parish Hall. All welcome.